

P inting The Way

"To offer a nonprofit, educational and service-oriented organization to its members"

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"Heart Health" - March Program

Our own member, **Jane Myrick**, has been a nurse at St. Luke's Hospital for 20 plus years. She now works as a cardiovascular nurse and describes herself as an "Open Heart Surgery Cheerleader" and challenges the patients to "come see me" as she urges them to get out of bed in 24 hours after surgery! Jane pointed out that men and women experience different symptoms of heart attacks.



Accompanying Jane was **Lloyd Lohaus** representing the organization "Mended Hearts, Inc." He spoke about the role of this agency in providing support to heart patients at St. Luke's Hospital. This agency is in need of heart pillows. If you are interested in helping with this project, contact Barbara Long or Marie Plourde for the pattern.

What is a Tsunami?

Bob Tague presented an overview of what is a tsunami. He explained that there are 15 world plates that are constantly rubbing together and when one plate slips under another under the water, it creates a wall of water. The first wave that occurs may not be that devastating, but as the wave rolls back and pushes under the still coming water, it creates a huge wall of water. There was no warning system where the recent tsunami occurred, but there is one in the Pacific Ocean that protects our western US. It has been there since the 40's and Bob was part of the monitoring system while he was in the Navy.

April 13 Meeting Day

Our meeting is this Wednesday, April 13th. Don't forget, Happy Hour and dinner will follow our meeting.

Bring Back Your Badge!!!!

It was unanimously decided that we should bring back our name badges and put them on the boards – again!!! **Joanne Montzka** graciously agreed to the position of "Name Badge Arranger" and she will maintain the boards each month. Thank you, Joanne!

Book Club - April 27

The Book Club will meet this month at the home of **Barbara Long**. Her home is at 1924 Quaker Ridge Drive. As usual, we will meet on April 27th at 11am. We will be discussing *Their Eyes Were Watching God* by Zora Neale Huston. Remember, bring your lunch drinks and dessert will be provided.

Don't forget – all MPWC members are invited to join in on the Book Club. For further information, give **Donna Medara** a call at 529-7524.

Final Round Up for Labels

Time to start a label "ROUND UP" as C. E. Bennett School will be sending in all their Box Tops for Education, General Mills products, Pepperidge Farm UPC codes and labels from Campbell products and all other miscellaneous labels including Tyson, Prego and V-8.



Our deadline is May 1 to turn in our labels. This will give the school time to place their order for all the neat, free stuff the students need.

Thanks for your support, **Geri Isgan**

President's Message

Hope you all had a great Easter holiday and are now ready for a new MPWC year starting in May.

I am pleased to announce that we now have a committee to handle our luminary project. They are **Sue Dake, Mary-Margaret Wyzkoski, and Helen Weygand**. Please take the time to thank them for offering leadership in handling this very important project.

At the April meeting, I will ask that you approve the following nominees:

- Treasurer – **Susan Mitchell**
- VP of Programs – **Sandy Magyar/Marsha Zupan** (Co-leaders)
- VP of Membership – **Judy Williamson**

They have committed to two-year terms in these positions.

We are still searching for two additional members to assist with our MPWC Newsletter committee.

Rather than having one primary speaker in April, we will present checks to the organizations to which we have pledged donations for this year. Representatives from Outreach, The First African Church, Safe Animal Shelter and hopefully, Seamark Ranch and the Literacy Coalition will be there to receive their checks and speak briefly about how your money will be used. Unfortunately, Buzzy's will not be a guest speaker at this meeting due to a conflict.

See you at the meeting.

Nancy

Eyeglass Recycling Program

For more than 85 years, the Lions have been recognized throughout the world for their services to the blind and visually impaired. One of their big projects is organizing eyeglass recycling. Their efforts have helped the visually impaired people to develop skills, and to live productive lives.

You may participate by donating your old eyeglasses – sunglasses, prescription glasses, plastic frames, wire frames, etc. – JUST PLACE THEM IN THE BLUE AND YELLOW LIONS BOX IN THE LADIES LOCKER ROOM.

Welcome New Members

Welcome **Pam Gause** – our newest member who joined at our March meeting. We all look forward to meeting you very soon.

Safe Animal Shelter Donations

There is also a box in the ladies locker room for donations for the Safe Animal Shelter. Their “wish list” includes the following:

- Dry dog or cat food
- Clay Cat Litter
- Laundry Detergent - Dog Shampoo
- Trash Bags (13 & 30 gal)
- Gift Cards or Cash

For more information, check out their website at www.SafeAnimalShelter.com or email Coral Nettuno at NettunoC@aol.com

A Message from Lois Howe:

To the wonderful women of Magnolia Point, a goodbye! This is a wonderful community and much of the reason for that is the MPWC!

Keep up your good work that makes this community a better place. I am so proud of you! You are involved, caring women! I love you and will miss you, Lois

*** Classified Ads ***

MAGNOLIA POINT HANDYMAN - PRESSURE WASH DRIVEWAYS, TREE TRIMMING OR PROVIDE AN EXTRA HAND. All types of home repairs. Magnolia Point references available. “Just Call Boyd” at 728-9768 - Boyd Clements - 23 yrs experience

PJ'S PC SERVICES - Setup, Repairs, Home Networking, Configuration, etc. Call Paul Orvosh Jr. at 284-6793 or send an email to porvosh@yahoo.com

YOGA WITH ANN BURDEN –
Mondays 9 to 10 a.m.
Call Ann @ 529-7155 for info

PERSONAL ASSISTANT SERVICES - Effective Household Problem Solver – Michael McNaney; Retired Professional; References - Insured - Licensed
Free Consultation - Call 284-0601
michaelmcnaney@bellsouth.net

